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800-752-7504 Piedmont Natural Gas

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**336-703-3400** Forsyth County Dept. of Social Services

**336-771-5000** NC Dept. of Environmental & Natural Resources

**336-703-2750** EMS (Emergency Medical Services)

919-515-8200 National Weather Service (Raleigh)

336-703-2480 Forsyth County Animal Control

336-727-8000 Nights, weekends, and holidays

**336-773-7700** Winston-Salem Police/Fire Communications

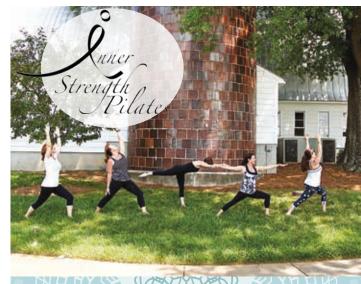
# CONTRIBUTORS AT LARGE

#### THE RESIDENTS OF LIFE AT THE FARM

We are always looking for residents to follow up on leads, find great stories and send us ideas. Let's celebrate the great things happening in our community! No contribution is too small. Please email leslie.mccraw@n2pub.com with your pictures,



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### PHOTOGRAPHY - PORTRAIT/

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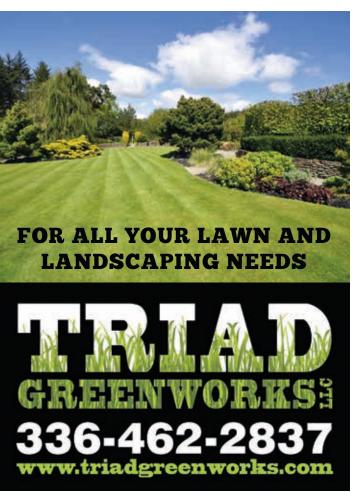
Sunrise Yoga Studio 6000 Meadowbrook Mall Suite 1

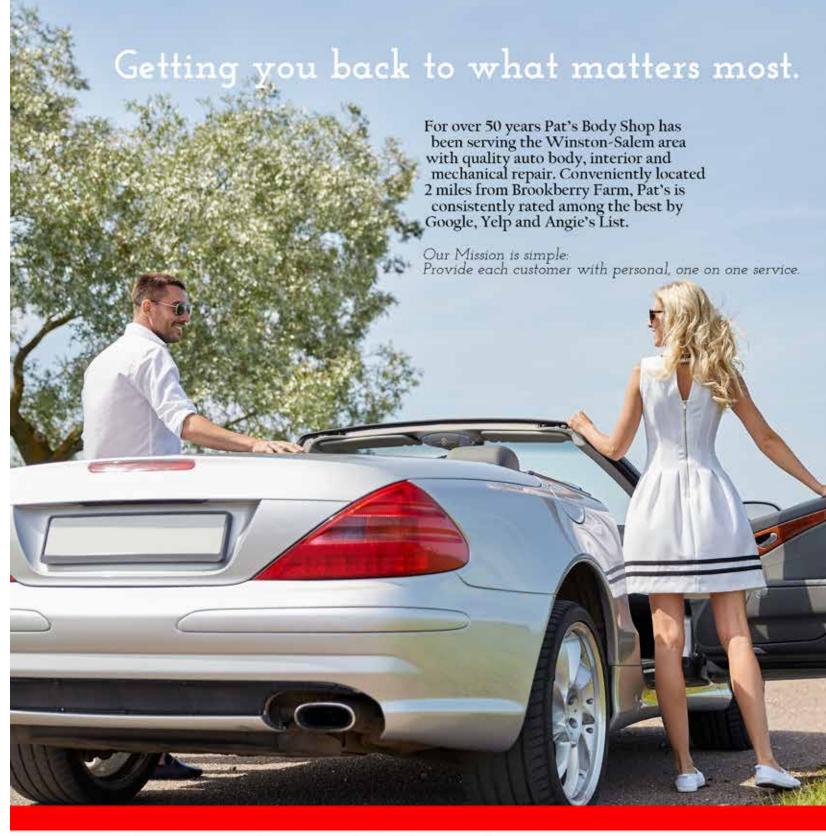
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# The Triad's Body Shop for over 50 Years



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I just wanted to drop a little note to let you know how blessed and thankful I am to be the Area Director of the *Life at the Farm* publication. I have met some really great residents in Brookberry Farm and made some friends along the way. I hope everyone has a Happy Thanksgiving!

Please mark your calendars and plan to join us Saturday, Dec 3 from 10 a.m.-2 p.m. for the 4th Annual Merry Merry at Brookberry Holiday Market to be held at the Barn and will benefit Sally's Angels. Stop by and bring your holiday shopping list to be completed all while supporting Sally's Angels. Participating vendors are donating a portion of their sales to support Sally's Angels. The following list of vendors have participated in the past and/or are expected to participate in this year's holiday market event:

31 Gifts, Sassy & Southern, Lularoe Boutique, Designer Fashion Direct, DoTerra, Simply Twisted Jewelry, McKenzie Kate

Designs, Hip Chics, Beautycounter, Rodan & Fields, Go Free Pants, Sitting Duck Creations, Wildflowers on Hilltop and many, many more. For vendor opportunities, please contact Amber Koll (amberkoll@gmail.com). Don't miss stopping in and getting your holiday shopping all wrapped up!

For more information on Sally's Angels - www.sallysangels.org

Also, on Thursday, December 8 at Carolina Shutter and Blinds we will be having a Christmas Social for all the sponsors that make this publication possible and all of the residents of Brookberry Farm from 5-7 p.m. The first 16 residents to RSVP to the event will have the opportunity to enjoy courtesy limousine transportation to and from the event. Please send an email to leslie.mccraw@n2pub.com.





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# meet Your Neighbors

The Moore family is one family that you must get to know if you do not already. They are the type of people that when you meet them you feel like you have known them forever.

Phil and Stefanie Moore moved into the neighborhood on Cedarmere Drive six years ago. Their family has grown quite a bit since then too. They have three daughters, Makena (10 years old), Megan (turns 9 years old in November), Finley (4 years old), and they have one son, Everett (6 years old). The three oldest children attend Meadowlark Elementary School and Finley is in preschool.

Their house also has some additional members. Fluffy and Junior are their two guinea pigs, a hamster named Cute-A-Saurus Rex, and a frog named Sir Hopsalot.

Phil is from Hampton, Virginia, a Wake Forest graduate, and is now a vascular surgeon who practices here in Winston Salem, while Stefanie is from North Wilkesboro, graduated from Winston Salem State University, and used to work as a general surgery/ trauma nurse who now stays at home with their four children.

Their family is on the go all of the time. Having four kids doesn't stop them though. Makena takes dance and plays soccer, Megan plays Lacrosse and does gymnastics, Everett plays T ball, and Finley will start soccer for the first time this year.

The Moore family loves to go on vacations. They try to visit new places, but usually try to take a beach trip each year. This past year they went to the Dominican Republic, Washington D.C. for spring break and visited the White House during Easter for the Easter Egg Roll. They have also been to Disney several times.

During their free time at home you will probably see them outside riding their EZ rollers and bikes in their driveway while hanging out with other neighbors and friends. Their driveway is always full of people and usually there is a fire pit in the driveway with Smores being made during the night. What makes their house even more sweeter is that Phil's dad Laurie and his wife Pat live right next door and always come in to join the fun.

They love to go and eat at Mayberry, Chick-fil-A, and The Dessertery for nights when they do not cook. They have a tradition on Friday nights where they all sit down and have movie night

and eat Papa John's pizza. Usually Phil will get up on Saturday and grill or smoke something in his smoker.

They love to read Harry Potter before bed and like to watch American Ninja Warrior, the Disney channel, college football, and Stefanie loves to watch Breaking Bad, Homeland, and The

The Moore family is also very involved in the community. Stefanie is an involved parent at Meadowlark Elementary School and for each child's birthday they collect donations instead of presents and donate them to the charity of their choice. They usually love to take the donations to the Humane Society so that they can play with all of the animals.

They love Brookberry Farm and love that there are so many kids to play with. The neighborhood is a good place to have your family grow up in because we all feel like family.





# Man de la constant de

f you have ever been past the Dixon's house, I am sure that you may have seen this sweet boy practicing one of his many sports out front.

Van Dixon is ten years old and attends Meadowlark Elementary School. He loves sports and is involved in many of them.

He plays catcher, pitcher, and short stop in baseball. In flag football, he plays the quarterback. He plays forward in soccer and forward in basketball.

Needless to say, Van is a very busy kid. He has been playing sports since he was 4 years old and continues to have a passion for it.

Several people have impacted him on his journey for the love of the game. His dad has made a huge impact on him and practices with him all the time. Some of his favorite mentors include, Coach Pat Crowley (his football and basketball coach for five years), Brad Pettit, Jody Vestal, and Wade Hutchinson (Crush baseball coach).

Although he has had some wonderful coaches and mentors, he also loves many pro players as well; Bryce Harper (baseball), Seth Curry (basketball), Greg Olsen (football), Manuel Neuer (soccer) and he got a chance to meet Kurt Birkins.

Throughout the year, you can find him practicing at several places. He practices with the Northwest Little League and Deep Creek, the YMCA, the Soccerplex and he travels with the Crush Baseball team. He has also participated in the Northwest Minors Baseball Championships, played many games and has participated in many tournaments. He also received the Northwest Minors All Star Team Award this past year, and the Northwest All Star Machine Pitch Award in 2015.

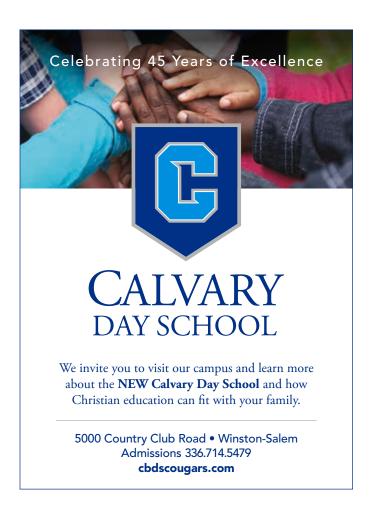
He loves competing, but has learned to have respect for others, discipline, good sportsmanship, and patience.

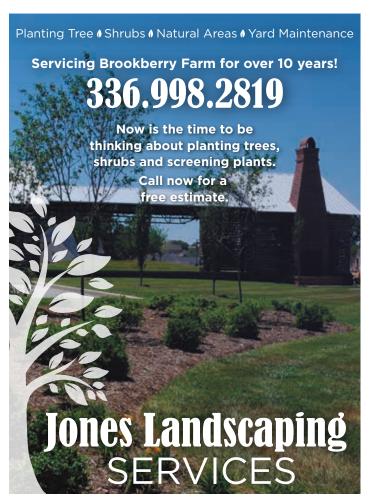


After he graduates, he plans to play for the MLB or NFL all while majoring in business and hopes of owning his own business one day.

Van's tip for anyone looking to get into the sport is that: Anyone great was once a beginner. Stay positive and keep working hard.

I think Van has a bright future ahead of him. He is definitely on the right path to success. Not only is he an awesome sports player, he is an awesome kid too!







www.allergypartners.com/piedmont



# chloe

Chloe is a one year old Bearded Collie. Her full name is Stonebay Purple Haze "Chloe." Chloe's name is a product of compromise. After trying to name her for a month, the family decided on Zoe, but it wasn't unanimous, so Zoe became Chloe. She is always happy, very fluffy, and loves everyone. The family apologizes in advance when she greets you an exuberant jump or two. She loves all animals and has a few buddies in the neighborhood. Some of her favorites are Molly and Cody. She is an awesome family dog who loves everyone (including many Barbies and Pinkie Pie).

Chloe came from a NC breeder of champion Bearded Collies. She was selected by the Piccioli's daughter because she was identified with a pink ribbon and was known as "pink girl." The family did many months of research before deciding on getting a Bearded Collie. There are less than 1,000 Bearded Collies registered with the AKC annually. By keeping the numbers low, breeders have been able to maintain the integrity of the breed. Bearded Collies are great family pets that are often used as therapy dogs. Many are even used in libraries and classrooms for kids to read to. They are affectionate and love being a family member and always want to keep them all together. If everyone goes in different directions, Chloe will start to herd the family back together. Bearded Collies are also very intelligent, but independent thinkers, which can get them into big trouble if they are not given a job.

Chloe's fur dad is quite famous. The Piccioli family was able to watch him at Westminster this year. Chloe is supposed to be a show dog, but the family isn't sure she is cut out for the ring just yet. Right now, she is happy spending everyday with her family, meeting other people and pets, napping in the office, and watching the happenings around Brookberry.

Chloe is extremely spoiled and thinks she is a third human child. She is very picky about her snacks and will only eat Whole Foods sharp cheddar cheese. No other brand will do. She is very helpful with the laundry too. If she finds any laundry on the floor, she will make a nice pile under the table.

Chloe has also memorized everyone's schedule around the house and will start waiting for her human dad to come home hours before he is expected. When it is time for her walks, she will get the Piccioli's shoes for them and even open the door when she is not supposed to. She loves her quiet time at night with Andrea and will come running when she sees a hairbrush or comb. She is very patient and never gets frustrated. She has taught the Piccoli family an abundance of patience, understanding, loyalty, and unconditional love. She definitely is a keeper!





November 2016 • Life at the Farm • November 2016



Tom Walter-Head coach of WFU baseball team.

# Sally's Angels Tiffany Deonanan

On Sunday, September 11, 2016 many neighbors, friends, and families gathered at the barn and celebrated Sally's Angels tenth year anniversary. There were many things being auctioned off, face painting for the kids, a great band, refreshments, and other great things going on for everyone to enjoy.

Sally's Angels is a nonprofit organization that started ten years ago and serves critically and chronically ill children and their families receiving medical care in our area. They have served over 2,000 families and have raised over \$350,000. They provide everything from gas cards, Wal-Mart gift cards, medical equipment, and the list goes on depending on the needs of the family.

Each year Sally's Angels puts on an event called Lemonade on the Lawn. This is a time when everyone can get together and just see the good that is going on with the organization.

This year, Tom Walter, who is the head coach of Wake Forest University's baseball team spoke at the event. There was not a dry eye on the lawn after he told his story. He was able to donate one of his kidneys to one of his players who was in need. He spoke about the journey they both went through and it was amazing. He is such a perfect example that there are such wonderful people in the world that do amazing things.





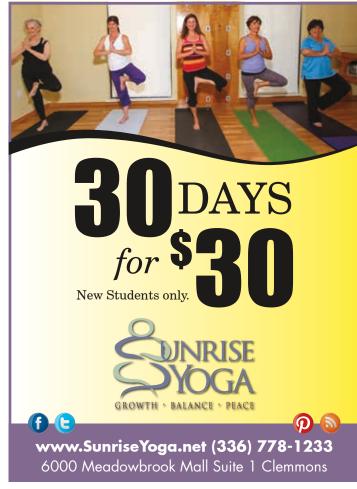
He was asked why he did it and his response was, "Because I could." His personality lit up the whole place.

What an honor it was to hear him speak and to see some of the families that Sally's Angels has served in the past.

If you would like to learn more about Sally's Angels or make a donation, please visit **www.sallysangels.org** or you may write to:

Sally's Angels P.O. Box 1395 Clemmons, NC 27102













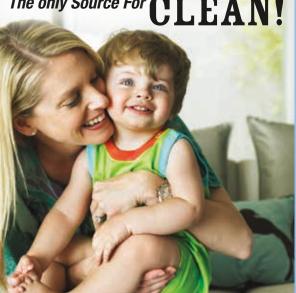








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# BUY LOCAL CAMPAIGN





News media contact **Gene Blackwelder** 336,971-8488

Brookberrry Resident helps lead "Buy Local" Campaign

Winston-Salem, N.C. - Brookberry Resident Bill Erickson, the owner of BE Shoes, and Rob Simon of Windsor Jewelers met with other local business owners about the need to educate the public on the importance of supporting local businesses. The premise is that that local businesses not only employ local citizens but they are the businesses that pay local taxes and support local charities.

Bill Erickson of Be Shoes states, "We are locally owned. We employ local people. We support local non- profits in the community. We think it is important to support locally owned companies. One study shows that for every \$100 you spend at locally owned businesses, \$68 will stay in the community vs. \$43 when you buy from a national chain (independentwestand.org)."

"I shop online like a lot of people do," Rob Simon of Windsor Jewelers said. "But it's a very different experience when you can walk into a local shop to touch and see what you're considering to purchase. Local retailers have knowledge and advice regarding products and services that online sources just can't provide and local businesses support our communities and non-profits.

Nearly two dozen businesses have signed on to be part of Buy Local, but additional businesses can be added throughout the duration of the campaign.

"Businesses participating in Buy Local include:

- Be Shoes: Thruway Shopping Center in Winston-Salem
- Brannock and Hiatt Furniture: 420 North Main Street in Mt. Airy

- Cahill & Swain: Northside Shopping Center and 380 Knollwood Drive in Winston-Salem
- Carolina West Wireless: Wilkesboro, Dobson, Mt. Airy, Elkin, Miller's Creek and Sparta
- Carpet Super Mart: 4114 Spring Garden Street in Greensboro
- Casual Furniture World: 1500 Hanes Mall Boulevard in Winston-Salem
- Clemmons Bicycle: 2703 Lewisville-Clemmons Road in Clemmons
- Couture: 611 Coliseum Drive in Winston-Salem and in Kernersville
- G&B Energy: Advance, Millers Creek, Elkin, Pilot Mountain and Sparta
- Golding Farms Foods: Clemmons
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- McCall's: Reynolda Village in Winston-Salem
- Monkee's: Reynolda Village in Winston-Salem
- Norman Stockton: 249 South Stratford Road in
- Pantry Fried Chicken: High Point and Greensboro
- Pfaff's Auto Glass: 3125 Peters Creek Parkway in Winston-Salem
- Piedmont Music Center: 212 North Broad Street in Winston-Salem
- Rolly's: Thruway Shopping Center in Winston-Salem
- Ski and Tennis Station: 119 South Stratford Road in Winston-Salem
- Southern Home and Kitchen: Thruway Shopping Center in Winston-Salem
- STMC: Dobson, Elkin, Mt. Airy and Pilot Mountain Windsor Jewelers: 526 South Stratford Road in Winston-Salem

Businesses in the Buy Local campaign receive a door/window decal and are being featured in a series of commercials televised on WXII. Nearly two dozen businesses have signed on to be part of Buy Local, but additional businesses can be added throughout the duration of the campaign.









"Stuffing the Bus" was a huge success back in August before school started. MFM Realty would like to thank all of the neighbors who came out to support the event. In case you were unable to attend, neighbors met at the Lake House and donated school supplies to local schools, MFM Realty provided ice cream, and everyone was invited to hop on the neighborhood school bus for a ride.

Many of you have seen the MFM Realty signs in the neighborhood. MFM Realty is a locally owned and operated real estate firm within our neighborhood. Their motto is "Neighbors Helping Neighbors" and they stand by that because they are our neighbors, too! Mark Miller got started in real estate 17 years ago and is now joined by wife, Susan, and neighbor, Allen Smith. The firm also has another agent, Sharon Cotten, with over 30 years worth of experience.

They wanted to do a special event for the neighborhood to bring people together and thought a back to school ice cream social would be a perfect idea! The Miller's fully restored 1955 Ford School bus only brought an extra level of excitement to the day. Rides were given to young and old around the neighborhood and there was a steady stream of participants ready. There were even "official" tour guides for the bus, too—Drew Collins and Caleb Smith were quick to let everybody know where to stand in line and what the rules were once you boarded the bus.

MFM Realty came up with the idea of 'stuffing the bus' with school supplies because they know that there are so many schools in our local area





that need help and our neighbors are always so willing to go the extra mile for the community. The school supplies were donated to Diggs Latham Elementary and Mineral Springs Middle School. They were delivered to the schools to hand out to the students who needed a few extra supplies.

Susan, Mark and Allen are your neighbor realtors. If you are thinking of selling, buying or building a home in Brookberry Farm, feel free to contact them for a no obligation consultation. MFM Realty offers great incentives to current and future Brookberry Farm residents; including reduced listing commissions and cash back rebates. Check out their website for testimonials from other neighbors.

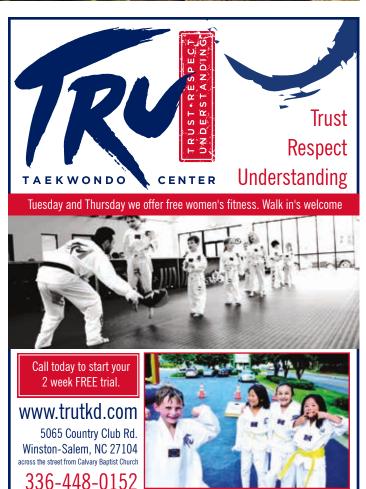
mfmrealty.com

Susan Miller: 336-414-6511 Mark Miller: 336-414-8301 Allen Smith: 336-829-4879









This variation on BBQ chicken pizza is awesome for the weekend...

- 1 rotisserie chicken, shredded
- 1 12 in pizza shell (or I use raw pizza dough from Harris Teeter
- 4 oz smoked provolone, shredded (get 1/4lb chunk from
- 4-6 slices bacon, cooked and crumbled

**Mop Sauce** (can be made up to a week ahead)

1 c apple juice

2/3 c cider vinegar

1 tsp brown sugar

1 clove garlic

1/2 tsp dry mustard

1/2 tsp paprika

1/2 tsp cumin

1/2-1 tsp hot sauce

2 tomatoes, seeded and diced

1/2 of 6 oz can tomato paste

1. In small sauce pan stir together Mop Sauce ingredients except tomatoes and paste. Bring to boil, reduce heat. Simmer uncovered about 15 min or until mixture is reduced to 1 cup. Add tomatoes and paste. Return to boil and then reduce heat. Simmer about 10 min more or until slightly thickened. Use immediately or cover and refrigerate up to 1 week.

- 2. Preheat oven to 450. Place bread on large engrossed baking sheet. Bake for 5 min. Remove from oven and spread with sauce. Sprinkle with 2 c chicken, cheese and bacon.
- 3. Bake for 10-12 min.

Enjoy!

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"A day on the river is a good day – even if it is raining and the fish aren't biting. It doesn't matter because you have the perfect peace to get through the day and take away the stress."
PHWFF Veteran

#### A Journey of Healing

Three and a half years ago during a Board meeting of the Blue Ridge Chapter of Trout Unlimited, Roy Davidson and Ron Zambor, both Board members and avid fly fishermen, led a discussion of how to more fully engage the Trout Unlimited members. In attendance was a Marine veteran who suggested that they contact a national organization called Project Healing Waters Fly Fishing, Inc. As the renowned radio personality, Paul Harvey, used to say ... "and now the rest of the story."

Project Healing Waters Fly Fishing, Inc. (PHWFF) is dedicated to the physical and emotional rehabilitation of disabled active military service personnel and disabled veterans through fly fishing and associated activities including education and outings. This program was started at Walter Reed Army Medical Center in Washington, D.C. in 2005 by Ed Nicholson, a retired Captain from the US Navy, who while recuperating took a closer look at the returning wounded from the conflict in Iraq and later Afghanistan and offered his passion of fly fishing to recovering injured and wounded service members to join him in outings. That was the genesis for PHWFF. Ed was selected as a CNN Hero in 2009.

Roy Davidson and Ron Zambor presented the PHWFF program to their Trout Unlimited Board and Chapter members in February 2013. In March of 2013 the Blue Ridge Chapter of Trout Unlimited approved and signed a Memorandum of Agreement with PHWFF. After contacting the VA clinic in Winston Salem, seven veterans signed up to participate in the program and 18 volunteers from the BRTU Chapter. During the first year of the program, instructional materials were developed and meetings were held at the VA Clinic to teach the veterans all the fly fishing skills they needed to become avid fly fishermen. Selecting a fly

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rod, reel and line, casting basics and knot tying are some of the basic skills the veterans need to know. PHWFF Inc. and local volunteers provide all the fly fishing equipment to the veterans at no charge. During that first year, volunteers donated over 1100 service hours to the program.

The Project Healing Waters Fly Fishing program in Winston Salem has become a major part of our Blue Ridge Trout Unlimited Chapter activities. In 2014 thirty-eight volunteers have participated in the program and a total of 2319 service hours were donated while in 2015, a total of 4279 hours was donated. Over the three and a half years, 76 veterans have participated and 26 remain active in the program. We are constantly recruiting new veterans.

Today our program consists of: monthly meetings wherein we continue to teach and refine the various aspects of fly fishing; weekly fly tying classes and monthly fly fishing outings (day as well as overnight outings) to trout streams in North Carolina, Virginia and Tennessee. Every February, ten of our veterans have an opportunity to build their very own fly rod from a kit provided to them by PHWFF Inc. and submit their finished rod to a National Competition for PHWFF veterans. In 2014 one of the veterans in our program, won first place in his rod building category and was awarded a fully paid salmon fishing trip to Canada.

PHWFF, Inc. also provides the opportunity for deserving veterans to participate in National Destination Trips at no cost to the veteran or spouse. In 2013 one of our veteran's and his spouse were awarded a fishing week at a private ranch in Yellowstone Park. This year one of our veterans was sent on a nine-day guided fishing float trip on the Snake River in Montana. Locally our veterans have participated in the Cape Lookout Albacore Festival in Atlantic Beach, North Carolina.

Our volunteers are the key to the program's success. Their reward is working with amazing wounded warriors and seeing the critical difference they make in these people's lives!

Now you know the rest of the story.

Thank you for allowing me to tell the Project Healing Waters Fly Fishing story here in Winston Salem, NC. If you would like to join us in the journey of healing, you can help by:

Volunteering with our local PHWFF program

Making your friends and family aware of or program

Make a donation to Project Healing Waters, Fly Fishing, Inc.





Winston Salem Program PO Box 695 La Plata, MD 20646

Roy Davidson rdavid1127@aol.com 336-909-3215 www.projecthealingwaters.org

Ron Zambor ronzambor@twc.com 336-406-3292









#### tru taekwondo event

Pictures by John Golden Frames & Fotos

We had a great time at our back to school event hosted by TRU Taekwondo!

I want to thank the sponsors and residents that came out to the event!

I want to thank Philip Averett and his staff for hosting the event. I also want to thank John Golden (Frames & Fotos) for coming out and taking these fantastic pictures!

• •



















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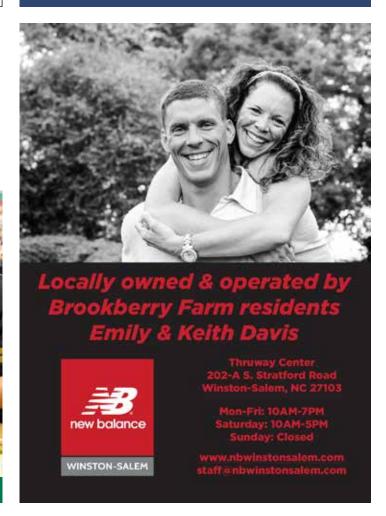
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Address	Neighborhood	List Price	Sale Price	Sold Date	DOM	Beds	Baths	Status
1027 Heron Ridge Road	Brookberry Farm	\$639,900	\$635,000	08/22/16	302	5	4.1	Closed
955 Brookberry Farm Circle	Brookberry Farm	\$629,000	\$620,000	08/16/16	14	4	3.2	Closed
1734 Sweetgrass Trail	Brookberry Farm	\$697,100	\$697,100	08/08/16	0	4	4.1	Closed
820 Brookberry Farm Circle	Brookberry Farm	\$879,000	\$840,000	07/25/16	53	5	5.1	Closed
1570 Sweetgrass Trail	Brookberry Farm	\$781,527	\$783,527	07/22/16	4	5	4.2	Closed
5575 Foxgate Circle	Brookberry Farm	\$584,900	\$553,200	07/18/16	47	3	3	Closed
1514 Stable Bend Lane	Brookberry Farm	\$457,721	\$447,481	07/18/16	25	3	2.1	Closed
835 Heron Ridge Road	Brookberry Farm	\$839,900	\$815,000	07/15/16	68	4	4.1	Closed
917Windalier Lane	Brookberry Farm	\$1,050,000	\$1,000,000	07/15/16	28	4	4.2	Closed
5651 Addlestone Road	Brookberry Farm	\$718,000	\$718,000	07/01/16	3	4	3	Closed
5525 Fresh Field Lane	Brookberry Farm	\$514,900	\$500,000	06/24/16	92	4	4.1	Closed
5596 Brookberry Farm Road	Brookberry Farm	\$629,900	\$619,000	06/16/16	190	4	4.1	Closed
1011 Heron Ridge Road	Brookberry Farm	\$669,900	\$662,000	06/03/16	233	4	4.1	Closed
5531 Garden Park Lane	Brookberry Farm	\$600,000	\$595,000	06/01/16	14	4	4.1	Closed
536 Rosewind Lane	Brookberry Farm	\$889,000	\$850,000	05/31/16	178	5	4.1	Closed
874 Windalier Lane	Brookberry Farm	\$550,000	\$525,000	05/31/16	312	5	4	Closed
1590 Sweetgrass Trail	Brookberry Farm	\$765,000	\$765,000	05/19/16	82	4	4.1	Closed
1400 Stable Bend Lane	Brookberry Farm	\$634,900	\$632,000	05/02/16	336	5	4.1	Closed
1443 Stable Bend Lane	Brookberry Farm	\$529,000	\$518,000	04/25/16	193	3	3.1	Closed
5567 Foxgate Circle	Brookberry Farm	\$419,900	\$400,000	04/22/16	157	3	2.1	Closed





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